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## Youth National Development Program 2015 Selection Process and Criteria

The purpose of the Youth National Development Program is to identify, select and train a group of young athletes who have future Senior National Team potential and offer them the opportunity to train and represent Canada in international competition at an earlier age. The following is an explanation of the practical evaluation criterion used during the selection process.

Objective and subjective criteria will be collected through both Provincial Association reports and event/tournament observations.

**CRITERIA** (see appendix for additional information)

1. Physical Testing Scores
2. Match Statistics
  - Plus/Minus Score
  - Serving Score
  - Passing Score
3. International skills and tactics comparison
4. Character attributes

### SELECTION PROCESS

Authority for Selection

1. The Board of Directors of Volleyball Canada has delegated the authority for all decision-making under this Policy to the Youth National Development Program Selection Committee.

Number of Positions Available

2. The number of spots available in a program is dependent on each program as well as the determined level of the athlete pool. Athletes will be selected to a National program based on their individual birth year and the available age categories offered. For example, 16U athletes participating in 18U Provincial Teams will be considered for both the 16/17U and 17/18U National programs.

Athlete Eligibility

3. To be eligible for a position with the Youth National Development program an athlete must:
  - a. Attend the National Team Challenge Cup as a part of your Provincial/Territorial 18U or 16U team
  - b. Be a Canadian citizen and have a valid Canadian passport

Selection Process

4. The Selection Committee will oversee tryout procedures and determine at its sole discretion the recipient(s) who will be offered a position in the program.
5. In the event that an athlete decides not to accept a spot in the program, the Selection Committee will select the next athlete on the waitlist.
6. Members of the Selection Committee are required to remove themselves from any discussions, ranking and voting if there exists a conflict of interest.



## APPENDIX

| INTERNATIONAL TECHNICAL INDICATORS |                       |         |          |                        |         |          |
|------------------------------------|-----------------------|---------|----------|------------------------|---------|----------|
| MALES                              | 18U NATIONAL TEAM     |         |          | 16U NATIONAL TEAM      |         |          |
|                                    | MIDDLE                | OUTSIDE | OPPOSITE | MIDDLE                 | OUTSIDE | OPPOSITE |
| SERVING PERCENTAGE                 | 85%                   |         |          | 80%                    |         |          |
| SERVING SCORE (4 point scale)      | 2.6                   |         |          | 2.4                    |         |          |
| SERVE RECEIVE (4 point scale)      | 3.0 +                 |         |          | 2.8 +                  |         |          |
| PLUS-MINUS PERCENTAGE (indiv.)     | 50-60                 | 35-45   | 40-50    | 45-55                  | 30-40   | 35-45    |
| INTERNATIONAL PHYSICAL INDICATORS  |                       |         |          |                        |         |          |
| SPIKE TOUCH (CM)                   | 335+                  | 325+    | 330+     | 330+                   | 320+    | 325+     |
| BLOCK TOUCH (CM)                   | 310+                  | 305+    | 310+     | 305+                   | 300+    | 305+     |
| T-TEST                             | 9.5 seconds or faster |         |          | 10.7 seconds or faster |         |          |
| HITTING VELOCITY                   |                       |         |          |                        |         |          |

| INTERNATIONAL TECHNICAL INDICATORS |                       |         |          |                        |         |          |
|------------------------------------|-----------------------|---------|----------|------------------------|---------|----------|
| FEMALES                            | 18U NATIONAL TEAM     |         |          | 16U NATIONAL TEAM      |         |          |
|                                    | MIDDLE                | OUTSIDE | OPPOSITE | MIDDLE                 | OUTSIDE | OPPOSITE |
| SERVING PERCENTAGE                 | 85%                   |         |          | 80%                    |         |          |
| SERVING SCORE (4 point scale)      | 2.3                   |         |          | 2.1                    |         |          |
| SERVE RECEIVE (4 point scale)      | 2.6 +                 |         |          | 2.4 +                  |         |          |
| PLUS-MINUS PERCENTAGE (indiv.)     | 50-60                 | 35-45   | 40-50    | 35-45                  | 50-60   | 35-45    |
| INTERNATIONAL PHYSICAL INDICATORS  |                       |         |          |                        |         |          |
| SPIKE TOUCH (CM)                   | 295+                  | 288+    | 290+     | 285+                   | 280+    | 280+     |
| BLOCK TOUCH (CM)                   | 280+                  | 270+    | 275+     | 270+                   | 265+    | 265+     |
| T-TEST                             | 9.6 seconds or faster |         |          | 10.0 seconds or faster |         |          |
| HITTING VELOCITY                   |                       |         |          |                        |         |          |

*\*In addition to the above indicators, Setters are evaluated on ability to run an offence, while Liberos are evaluated on ball control.*

Character attributes Volleyball Canada considers desirable:

**Self-motivated:** Demonstrates the willingness and ability to satisfy a desire, expectation, or goal without being influenced or asked to do so by a coach or teammate.

**Strong Work Ethic:** Demonstrates consistent and concerted effort which is not conditional on the environment, coach or teammates

**Responsible:** Accepts accountability for ones actions. Demonstrates an ability to self-direct and does not rely on others for support or guidance.

**Focused:** Demonstrates an ability to remain fully concentrated and is not easily distracted.

**Strong Leadership:** Demonstrates the ability to inspire confidence and influence their team toward the achievement of collective goals. Athlete leads by example in training, in setup, and in competition.

**Positive Attitude:** The athlete consistently expects the best possible outcome from any given situation.

**Effective Communication:** Is able to clearly and effectively communicate with teammates during rallies, timeouts, and other necessary situations to promote success.

**Coachable:** Demonstrates the willingness and ability to communicate with coaches, adapt to new techniques and tactics, receive and understand feedback.